

QDOBA MEXICAN GRILL® ALLERGEN INFORMATION (US)

ADOBO SEASONING

Adobo Seasoning for Chicken
 Adobo Seasoning for Ground Beef
 Adobo Seasoning for Ground Pork
 Adobo Seasoning for Shredded Beef
 Adobo Seasoning for Steak
 Sofrito Seasoning
 Verde Seasoning for Pulled Pork

	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean Shellfish	Gluten
			X						
			X						
			X						
			X						

BEANS

Black Beans
 Pinto Beans

	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean Shellfish	Gluten

MISCELLANEOUS

Apple Sauce, Natural
 Brownies
 Cheese - Cheddar/Monterey Jack
 Eggs
 Fajita Vegetables
 Fryer Oil
 Grilled Vegetables
 Guacamole
 Pan Release Spray
 Potatoes
 Sour Cream, Lite

	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean Shellfish	Gluten
	X	X		X	Δ	Δ			X
			X						Δ
				X					
	Δ								Δ
			X						

PROTEINS

Beef, Seasoned Shredded
 Chicken, Marinated
 Chorizo
 Pork
 Sirloin, Ground
 Steak, Flat Iron

	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean Shellfish	Gluten
			X						
			X						
			X						
			X						

RICE

Brown Rice
 Cilantro Lime Rice

	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean Shellfish	Gluten

SAUCES, SALSAS & SOUPS

Ancho Chili BBQ Sauce
 Black Bean and Corn Salsa
 Cilantro Lime Vinaigrette
 Corn and Pepper Blend
 Fat Free Picante Ranch Dressing
 Fat Free Ranch Dressing
 Fiery Habanero
 Mango Salsa*
 Pico de Gallo
 Ranchera
 Roasted Chile Corn Salsa
 Salsa Roja
 Salsa Verde
 Three Cheese Queso
 Tortilla Soup

	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean Shellfish	Gluten
	X	X	X						X
			X						
			X						
			X						
		X							

TORTILLAS

Corn Taco Shell
 Corn Tortilla Chips
 Corn Tortilla Strips
 Soft Flour Tortillas, 6", 10" and 12.5"
 Soft White Corn Tortillas
 Soft Whole Wheat Flour Tortilla
 Taco Salad Shell

	Wheat	Soy	Milk	Egg	Tree Nuts	Peanuts	Fish	Crustacean Shellfish	Gluten
	Δ								Δ
	Δ								Δ
	Δ								Δ
	X								X
	X								X
	X								X

VERSION 4-12-13

X Contains the allergen.

Δ May contain the allergen. There are products containing wheat, soy, milk, eggs, tree nuts and gluten in our restaurants where cross contact may occur during food preparation and storage. If you have a food allergy to any of the ingredients prepared or served in our restaurants, please keep this in mind when deciding which Qdoba products are right for you. If you have questions regarding allergens in our restaurants, contact Guest Relations at 888-497-3622.

Soybean Oil - According to the Food Allergy & Anaphylaxis Network (foodallergy.org) soybean oil is not an allergen. If you have concerns with consuming soybean oil, please consult your doctor. Refer to the Qdoba product ingredient statement for products that may contain soybean oil.

* **Seasonal Item.**

QDOBA MEXICAN GRILL® INGREDIENT STATEMENT (US)

*	Ingredients in this item may vary by store. Please ask the store you visit for the ingredients found in the product they use at their location.
**	Fryer oil has contact with product containing wheat ingredients.
†	Adds a trivial amount of fat.

ADOBO SEASONING

Adobo Seasoning for Chicken	Chili Pepper, Salt, Corn Syrup Solids, Sugar, Dehydrated Garlic, Dehydrated Onion, Whey, Spice, Grill Flavor (From Vegetable Oil) And Smoke Flavor, Disodium Inosinate, Disodium Guanylate, Less Than 2% Calcium Silicate Added To Prevent Caking. Contains Milk.
Adobo Seasoning for Ground Beef	Chili Pepper, Salt, Modified Cornstarch, Corn Syrup Solids, Sugar, Cornstarch, Sodium Phosphate, Whey, Dehydrated Garlic, Dehydrated Onion, Flavor, Spice, Disodium Inosinate, Disodium Guanylate, Less Than 2% Silicon Dioxide Added To Prevent Caking. Contains Milk.
Adobo Seasoning for Ground Pork	Chili Pepper, Salt, Modified Cornstarch, Corn Syrup Solids, Sugar, Cornstarch, Sodium Phosphate, Whey, Dehydrated Garlic, Dehydrated Onion, Flavor, Spice, Disodium Inosinate, Disodium Guanylate, Less Than 2% Silicon Dioxide Added To Prevent Caking. Contains Milk.
Adobo Seasoning for Shredded Beef	Salt, Chili Pepper, Modified Food Starch, Cornstarch, Maltodextrin [From Corn], Sugar, Corn Syrup Solids, Dehydrated Garlic, Dehydrated Onion, Soybean Oil, Sodium Tripolyphosphate, Spices, Disodium Inosinate, Disodium Guanylate, Grill Flavor, Polysorbate 80, Smoke Flavor, Natural Flavor, Less Than 2% Silicon Dioxide Added to Prevent Caking.
Adobo Seasoning for Steak	Chili Pepper, Salt, Modified Cornstarch, Corn Syrup Solids, Sugar, Cornstarch, Sodium Phosphate, Whey, Dehydrated Garlic, Dehydrated Onion, Flavor, Spice, Disodium Inosinate, Disodium Guanylate, Less Than 2% Silicon Dioxide Added To Prevent Caking. Contains Milk.
Sofrito Seasoning	Onions, Garlic, Olive Oil, Salt, Red Bell Pepper, Cilantro, Jalapeño Peppers, Mirepoix (Sautéed Vegetables [Carrot, Onion, Celery], Salt, Sugar, Corn Oil, Potato Flour, Modified Potato Starch, Maltodextrin [From Corn], Carrot Powder), Spice, Xanthan Gum.
Verde Seasoning for Pulled Pork	Salt, Cornstarch, Dehydrated Vegetables (Green Bell Pepper, Garlic, Onion, Tomato), Sugar, Maltodextrin [From Corn], Sodium Tripolyphosphate, Chili Pepper, Cilantro, Spices, Citric Acid, Natural Smoke Flavor, Natural Flavor, Less Than 2% Silicon Dioxide (To Prevent Caking).

BEANS

Black Beans	Black Beans, Red Onions, Cumin, Water, Lime Juice, Salt.
Pinto Beans	Pinto Beans, Red Onions, Cumin, Water, Lime Juice, Salt.

MISCELLANEOUS

Apple Sauce, Natural	Apples, Water, Ascorbic Acid (Vitamin C).
Brownies	Brownie Base (Sugar, Enriched Bleached Wheat Flour [Bleached Wheat Flour, Ferrous Sulphate, Niacin, Thiamine Mononitrate, Riboflavin, Folic Acid], Cocoa, Soybean Oil, Salt, Cornstarch, Leavening [Sodium Bicarbonate]), Canola Oil, Water, Chocolate Chips (Sugar, Chocolate Liquor, Cocoa Butter, Soy Lecithin), Liquid Whole Egg. Contains Wheat, Soy, Egg. May Contain Tree Nuts And Peanuts.
Cheese - Cheddar/Monterey Jack	Cheddar Cheese and Monterey Jack Cheese (Pasteurized Milk, Cheese Culture, Salt, Enzymes), Anticake (Potato Starch, Powdered Cellulose), Natamycin (A Natural Mold Inhibitor). Contains Milk.
Cookies*	Vary By Market, Please Check With Restaurant For Allergen Information And Ingredient Statement.
Eggs	Whole Eggs, Citric Acid, Canola Oil, Salt. Contains Eggs. OR Whole Eggs With Sodium Phosphate And Citric Acid (To Preserve Color), Nisin Preparation (Preservative), Soybean Oil, Salt. Contains Eggs. (Limited Markets Only.)
Fajita Vegetables	Red Peppers, Green Peppers, Red Onions, Soybean Oil, Salt, Spice.
Fryer Oil	Soybean Oil.
Grilled Vegetables	Red Peppers, Zucchini, Yellow Squash, Soybean Oil, Sofrito Seasoning (See Sofrito Seasoning).
Guacamole	Avocados, Red Onions, Cilantro, Jalapeño Peppers, Lime, Juice, Salt.
Pan Release Spray	Canola Oil, Capric/Caprylic Triglycerides, Phosphated Mono And Diglycerides, Calcium Stearate, Silicon Dioxide, Propellant (Non-Chlorofluorocarbon).
Potatoes**	Potatoes, Salt, Fryer Oil (See Fryer Oil).
Sour Cream, Lite	Grade A Cultured Cream, Skim Milk, Water, Vitamin A Palmitate. Contains Milk. OR Grade A Cultured Cream, Skim Milk, Vitamin A Palmitate. Contains Milk.

PROTEINS

Beef, Seasoned Shredded	Beef, Adobo Seasoning For Shredded Beef (See Adobo Seasoning For Shredded Beef), Soybean Oil, Water, Salt, Spice.
Chicken, Marinated	Boneless Skinless Chicken Thighs Containing Up To 11.55% Solution Of Water, Adobo Seasoning For Chicken (See Adobo Seasoning For Chicken), Soybean Oil, Sodium Phosphates. Contains Milk.
Chorizo	Marinated Ground Pork, Adobo Seasoning For Ground Pork (See Adobo Seasoning For Ground Pork), Soybean Oil, Salt. Contains Milk.
Pork	Pork, Water, Salsa Verde (See Salsa Verde), Lime Juice, Verde Seasoning (See Verde Seasoning), Sofrito Seasoning (See Sofrito Seasoning).
Sirloin, Ground	Beef, Adobo Seasoning For Ground Beef (See Adobo Seasoning For Ground Beef), Salt, Soybean Oil, Water, Spice. Contains Milk.
Steak, Flat Iron	Beef, Adobo Seasoning For Steak (See Adobo Seasoning For Steak), Soybean Oil, Salt. Contains Milk.

RICE

Brown Rice	Brown Rice, Fire Roasted Tomatoes, Fire Roasted Garlic, Chipotle Pepper Puree (Water, Chipotle Pepper), Salt, Vinegar, Sugar, Yellow Onions, Spices, Soybean Oil.
Cilantro Lime Rice	Rice, Cilantro, Salt, Lime Juice, Soybean Oil, Pan Release Spray (See Pan Release Spray).

QDOBA MEXICAN GRILL® INGREDIENT STATEMENT (US) P.2

SAUCES, SALSAS & SOUPS	
Ancho Chili BBQ Sauce	Water, Sugar, Seasoning (Chili Pepper, Bleached Enriched Wheat Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Modified Cornstarch, Sugar, Salt, Corn Syrup Solids, Spice, Silicon Dioxide), Semi-Sweet Chocolate Chips ([Sugar, Chocolate, Cocoa Butter, Milk Fat, Soy Lecithin, Vanillin, Artificial Flavor], Milk), Crackers (Unbleached Enriched Flour [Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid], Soybean Oil, Sugar, Partially Hydrogenated Cottonseed Oil, Salt, Leavening [Baking Soda And/Or Calcium Phosphate], High Fructose Corn Syrup, Soy Lecithin, Natural Flavor, Malted Barley Flour), Salt, Pumpkin Seeds, Seasoning (Sugar, Maltodextrin [From Corn], Salt, Garlic Powder, Onion Powder, Natural Smoke Flavor, Tomato Flavor, Citric Acid, Spice, Dextrose, Paprika [Color], Silicon Dioxide), Soybean Oil, Garlic (Garlic, Water), Seasoning (Sugar, Mesquite Smoke Flavor [Maltodextrin From Corn], Salt, Garlic Powder, Onion Powder, Tomato Flavor, Citric Acid, Spice, Dextrose, Paprika [Color], Silicon Dioxide). Contains Milk, Soy, Wheat.
Black Bean and Corn Salsa	Corn And Pepper Blend (See Corn And Pepper Blend), Black Beans, Red Onions, Cilantro, Jalapeño Peppers, Lime Juice, Salt, Cumin.
Cilantro Lime Vinaigrette	Soybean Oil, Lime Juice, Sugar, Salt, Sofrito Seasoning (See Sofrito Seasoning), Jalapeño Peppers, Cilantro, Salsa Verde (See Salsa Verde), Water.
Corn and Pepper Blend	Corn, Poblano Peppers, Red Peppers.
Fat Free Picante Ranch Dressing	Fat Free Ranch Dressing (See Fat Free Ranch Dressing), Salsa Roja (See Salsa Roja). Contains Milk.
Fat Free Ranch Dressing	Water, Buttermilk, Vinegar, Maltodextrin [From Corn], Sugar, Salt, Cellulose Gel, Cellulose Gum, Less Than 2%: Garlic, Titanium Dioxide, Xanthan Gum, Carrageenan, Sour Cream Solids (Milk), Potassium Sorbate, Calcium Disodium EDTA (To Preserve Freshness), Spice, Lactic Acid, Sorbic Acid, Natural Flavor, Citric Acid. Contains Milk.
Fiery Habanero	Tomatillos (Tomatillos, Citric Acid), Water, Roasted Habanero Chili Peppers, Seasoning (Salt, Spices, Corn Syrup Solids, Modified Cornstarch, Xanthan Gum, Propylene Glycol, Annatto Extract [Color], Silicon Dioxide), Garlic (Garlic, Water).
Mango Salsa	Mango, Cucumber, Pico De Gallo (See Pico De Gallo), Jalapeño Peppers, Red Onions, Cilantro, Red Pepper, Lime Juice, Sugar, Salt.
Pico de Gallo	Tomatoes, Cilantro, Red Onions, Jalapeño Peppers, Lime Juice, Salt.
Ranchera	Tomatoes (Diced Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Onions, Water, Poblano Peppers, Seasoning (Salt, Spices, Modified Cornstarch, Maltodextrin [From Corn], Lemon Juice Powder [Corn Syrup Solids, Natural Flavor], Extractive Of Turmeric [Color]), Garlic (Garlic Water).
Roasted Chile Corn Salsa	Corn and Pepper Blend (See Corn and Pepper Blend), Red Onions, Cilantro, Jalapeño Peppers, Lime Juice, Salt.
Salsa Roja	Tomatoes, Tomato Puree, Water, Jalapeño Peppers, Fire-Roasted Tomatoes, Salt, Garlic, Spices, Modified Cornstarch, Corn Syrup, Natural Flavor, Xanthan Gum, Artificial Color (Titanium Dioxide).
Salsa Verde	Tomatillo, Water, Jalapeño Peppers, Salt, Less Than 2% Cilantro, Garlic, Spices, Modified Cornstarch, Corn Syrup Solids, Xanthan Gum.
Three Cheese Queso	Water, Cream (Cream, Milk), Monterey Jack Cheese ([Milk, Cheese Culture, Salt, Enzymes], Water, Milk Fat, Sodium Phosphate, Salt, Sodium Hexametaphosphate), American Cheese ([Milk, Cheese Culture, Salt, Enzymes], Water, Milk Fat, Sodium Phosphate, Salt), Roasted Poblano Peppers, Roasted Tomatoes (Tomatoes, Tomato Juice, Citric Acid, Calcium Chloride), Seasoning (Modified Cornstarch, Salt, Sodium Phosphate, Artificial Colors [Titanium Dioxide, Extractives Of Paprika], Xanthan Gum, Onion Powder, Spices, Lactose, Paprika, Methyl Cellulose Gum, Garlic Powder, Citric Acid, Potato Flour, Cocoa Powder, Silicon Dioxide), Jalapeño Peppers, Pasteurized Processed Swiss And American Cheese (Cultured Milk And Skim Milk, Cream, Sodium Phosphate, Salt, Sorbic Acid, Enzymes), Cheddar Concentrate (Cheddar, Granular, Semisoft And Blue Cheese [Pasteurized Milk, Cheese Cultures, Salt, Enzymes], Water, Sodium Phosphate, Vinegar, Salt), Corn Syrup Solids, Modified Cornstarch, Garlic (Garlic, Water). Contains Milk.
Tortilla Soup	Water, Tomatoes (Diced Tomatoes, Tomato Juice, Calcium Chloride, Citric Acid), Seasoning [Modified Cornstarch, White Corn Flour, Dry Bell Pepper, Salt, Spices, Dry Garlic, Soy Lecithin, Natural And Artificial Flavor, Chili Pepper, Maltodextrin [From Corn], Disodium Inosinate, Disodium Guanylate, Dextrose, Vegetable Gums (Xanthan, Guar, Carob Bean), Dry Onion, Flavor (Contains Maltodextrin [From Corn], Salt), Poblano Peppers, Onions, Vegetarian Chicken Flavor Base (Water, Salt, Hydrolyzed Soy and Corn Protein, Soy Protein Concentrate, Corn Oil, Onion Powder, Autolyzed Yeast Extract, Flavoring, Soy Protein Isolate, Sugar, Garlic Powder, Turmeric), Soybean Oil, Tomato Paste (Tomatoes), Jalapeño Peppers, Cilantro. Contains Soy.
TORTILLAS	
Corn Taco Shell**	Corn Tortilla (See Soft White Corn Tortillas), Fryer Oil (See Fryer Oil).
Corn Tortilla Chips**	Corn Tortilla (See Soft White Corn Tortillas), Fryer Oil (See Fryer Oil), Salt, Lime Juice.
Corn Tortilla Strips**	Corn Tortilla (See Soft White Corn Tortillas), Fryer Oil (See Fryer Oil), Salt.
Soft Flour Tortillas (6", 10" and 12.5")	Enriched Bleached Wheat Flour (Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil), Less Than 2% Salt, Leavening (Sodium Bicarbonate, Sodium Aluminum Sulfate, Cornstarch, Monocalcium Phosphate And/Or Sodium Acid Pyrophosphate, Calcium Sulfate), Dough Conditioners (Fumaric Acid, Sodium Metabisulfite), Calcium Propionate And Sorbic Acid (To Preserve Freshness). Contains Wheat. OR Enriched Bleached Flour (Bleached Wheat Flour, Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Water, Vegetable Shortening (Interesterified Soybean Oil, Hydrogenated Soybean Oil), Less Than 2% Leavening (Sodium Bicarbonate, Cornstarch, Sodium Aluminum Sulfate, Calcium Sulfate, Monocalcium Phosphate), Salt, Dextrose, Mono And Diglycerides, Calcium Propionate And Sorbic Acid (To Preserve Freshness), Dough Conditioners (Fumaric Acid, Sodium Metabisulfite). Contains Wheat.
Soft White Corn Tortillas	Whole Ground Corn Treated With Lime, Water, Cellulose Gum, Propionic, Benzoic And Phosphoric Acids To Preserve Freshness, Guar Gum, Amylase.
Soft Whole Wheat Flour Tortilla	Whole Wheat Flour, Water, Bleached Wheat Flour (Niacin, Reduced Iron, Thiamine Mononitrate, Riboflavin, Folic Acid), Soybean Oil, Vital Wheat Gluten, Mono And Diglycerides Of Fatty Acids, Natural Flavor, Salt, Sugar, Sodium Bicarbonate, Sodium Acid Pyrophosphate, Calcium Propionate, Sodium Aluminum Sulfate, Fumaric Acid, Potassium Sorbate, Sodium Stearoyl Lactylate (SSL), Guar Gum, Enzymes, Sodium Metabisulfite. Contains Wheat.
Taco Salad Shell	Flour Tortilla (See Soft Flour Tortillas, 10"), Fryer Oil (See Fryer Oil). Contains Wheat.